

Course Overview

Working at height is one of the biggest contributors to fatalities in the workplace. Primary causes of major injuries and fatalities from work at height are through falls from ladders and roofs. The Work at Height Regulations 2005 require employers to ensure that a sufficient risk assessment is carried out so that all potential work at height risks are effectively identified, controlled and managed. Every employer must also ensure that employees are appropriately trained to ensure that they can carry out their work safely.



This course provides for all the core aspects of Working at Heights and covers all the main training outcomes such as:

- ✓ Understand what is working at height and understand the associated risks
- ✓ Identify the factors that contribute to persons and objects falling from height
- ✓ Describe the control measures to reduce the risk of falls from height
- ✓ Recognise how to minimise consequences; Equipment, Harnesses and Safety Nets

Why is this Training Important?

Undertaking this working at height course will not only help learners satisfy Health and Safety Regulations, but it could also go a significant way to ensuring the safety of staff in the workplace. This course is suitable for learners who are required to work at heights, and will provide learners with the knowledge and skills to work safely and effectively at heights, and basic rescue as required in accordance with legislative requirements.

Learning Outcomes

- ✓ Introduction to Working at Heights
- ✓ Legislation
- ✓ Risk Assessments
- ✓ Reducing and Controlling Risks
- ✓ Work at Height Equipment



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